

False Evidence Appearing Real

Isaiah 41:8-14

Isaiah 41:10, "Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness."

1. Six Basic Fears

Poverty

Death

Sickness

Old Age

Criticism

The loss of a loved one

Joshua 1:9, "Have not I commanded thee? Be strong and of a good courage; be not afraid, neither be thou dismayed: for the LORD thy God is with thee whithersoever thou goest."

2. The Nature Of Fear

Why is fear so damaging?

We constantly have a message playing in our mind telling us to be afraid.

Our worries dominate all our goals and desires, blocking our spiritual growth and preventing us from building our faith.

We become increasingly doubtful of the Lord's powerful promises.

Since we don't trust God, we begin to assess and respond to His circumstances in our own strength and reasoning power.

The result is that we come up empty in life.

3. The Sources Of Fear

Fear can be the product of sin because anxiety and guilt are a natural result of our transgressions.

Fear can also result from things we have been taught or from our own imaginations.

Doubt of God, poor self-image, and ignorance of God's Word are other sources of our worries.

4. The Consequences Of Fear

Afraid to take risks

Indecisive and procrastinate on important projects

Self-confidence undermined

5. The Way To Be Healed Of Enslaving Fear

Freedom from fear requires you to step out in faith.

Recognize and admit that the basic cause of your fear is your failure to trust in the sovereignty of God.

Make a choice to be courageous—to take your eyes off the cause of your apprehension, and gaze upon God instead.

Isaiah 64:4, "For since the beginning of the world men have not heard, nor perceived by the ear, neither hath the eye seen, O God, beside thee, what he hath prepared for him that waiteth for him."

Seek Him through His Word and in prayer, and trust Him to set you free.

Reprogram your mind with His truth, and trust Him to fill your every need.

6. Why There Is No Need To Fear

The Lord is with you.

Isaiah 41:10, "Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness."

Hebrews 13:5, "I will never leave thee, nor forsake thee."